

## Pray Together (Guided)

**4 Min. Explain Ways to Pray** = Out loud, Whispers, Silently  
Feel free to be specific, praise God, pray for others and yourself

### Ezra 9:1-15 Part 11

**Context:** 1 After these things had been done, the officials approached me and said, "The people of Israel and the priests and the Levites have not separated themselves from the peoples of the lands with their abominations, from the Canaanites, the Hittites, the Perizzites, the Jebusites, the Ammonites, the Moabites, the Egyptians, and the Amorites.

12a Therefore do not give your daughters to their sons, neither take their daughters for your sons,

**4 Min. God help us to be mindful of the relationships we have and the affect they have on us.**

12b and never seek their peace or prosperity, that you may be strong and eat the good of the land and leave it for an inheritance to your children forever.'

**4 Min. God helps to no seek the rewards of a sinful world but the blessings of our Lord and Savior Jesus for the benefit of others.**

### Praise and Prayer Requests

**4 Min.** Praise God for.. Ask God to.. God for.. Give to God...

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## **Biblical Ways to Pray Every Day**

**Remember The Lord's Prayer Guidelines *Matthew 6:5-8* when you pray.**

**5** *"And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward.*

**6** *But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.*

**7** *"And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words.*

**8** *Do not be like them, for your Father knows what you need before you ask him.*

## **Memorize and Pray The Lord's Prayer *Matthew 6:9-15***

**9** *Pray then like this: "Our Father in heaven, hallowed be your name.*

**10** *Your kingdom come, your will be done, on earth as it is in heaven.*

**11** *Give us this day our daily bread,*

**12** *and forgive us our debts, as we also have forgiven our debtors.*

**13** *And lead us not into temptation, but deliver us from evil.*

**14** *For if you forgive others their trespasses, your heavenly Father will also forgive you,*

**15** *but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.*

## **Include Each of These During Your Prayer Time with God**

**Adoration** – Love God with your words and listening

**Confession** – Tell God everything to be forgiven & strengthened

**Thanksgiving** – Praise God for who He is, has done and will do.

**Supplication** - Share Needs of others and yours with God.

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