# **TAKE HOME NOTES** ARMOR OF GOD: Keeping Alert

FOCUS: Why the Whole Armor of God is needed, what it is and how to use it in life.

**OUR SALVATION: OUR CREATED PURPOSE: OUR MISSION:** 

John 3:16-17 Ephesians 2:8-9 Romans 10:9-10 *Mark 12:30-31 Matthew 28:16-20* 

We exist to bring God glory and make disciples

**OUR VISION** 

Through

Gospel-Centered Worship Gospel-Centered Community Gospel-Centered Service Gospel-Centered Multiplication



Ephesians 6:10-20 Mark 13:37 Matthew 6:34, 26:41 1 John 1:9 Luke 21:34-38

What jumped off the page at you (word, phrase, concept, application, question) as you read the verse(s)

Equipped Resource Website: Keep Alert

Why is what jumped off the page Biblically accurate?

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# ARMOR OF GOD: Keeping Alert understanding it better

## A TRUTH What is keeping alert with the Armor of God?

It is about sleeplessly persevering in guarding our heart, soul, mind, strength and neighbor with the Biblical truth.

# **ARMOR OF GOD: Keeping Alert** now

## MISSION: Bring God glory and make disciples.

Sleeplessly Biblically Keeping Alert is an important aspect to why we exist.

Gospel-Centered Based on this what can we do to become more like Jesus? WORSHIP Biblically keeping alert for the attacks, temptations and tests pleases God. COMMUNITY No sleeping on the MISSION, nothing gets in, by or through us. SERVICE Regularly go to Biblically safe places to retreat and recharge after a hard day of faithfulness to keeping alert.

MULTIPLICATION Join with others to watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak." Matthew 26:41

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## Why the whole Armor of God is needed

#### Ephesians 6:10-20

- 10 Finally, be strong in the Lord and in the strength of his might.
- 11 Put on the whole armor of God, that you may be able to stand against the schemes of the devil.
- 12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.
- 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

#### The Armor of God

Belt of Truth –

John 14:6

Breastplate of Righteousness –

Philippians 3:9

Shoes of Readiness –

2 Timothy 4:2

Shield of Faith –

Hebrews 11

Helmet of Salvation –

Isaiah 59:16-17

Sword of the Spirit – 1

Thessalonians 2:13

Praying at all times –

Matthew 6:5-15 & 2 Chronicles
6:21-42

Keep alert –

Luke 21:34 & Mark 13:33-37

**Ephesians 6:18** 18 ...To that end, keep alert with all perseverance, making supplication for all the saints,

# **Foundations of Keeping Alert**

Prepares us for the unknown, the Armor of God is vital, necessary, a must in this preparation. No sleeping on the job, nothing gets in, by or through us.

Mark 13:37 37 And what I say to you I say to all: Stay awake."

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#### Matthew 26:41

**41 Watch and pray** that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak."

## **SALVATION**

#### 1 John 1:9 The Word of Life

9 If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

#### **How to live the Armor of God: Keep Alert**

#### Luke 21:34-38 Watch Yourselves Jesus Christ Will Return

34 "But **watch yourselves** lest your hearts be weighed down with <u>dissipation and drunkenness and cares of this life</u>, and that day come upon you suddenly like a trap.

We must keep watch because we are at every moment in the dangers of spiritual warfare. 35 For it will come upon all who dwell on the face of the whole earth.

When it comes to spiritual warfare (dissipation, drunkenness, cares of this world, etc.) it is not a matter of if but when will we be attacked, tempted or tested?

36 But stay awake at all times, praying that you may have strength to escape all these things that are going to take place, and to stand before the Son of Man."

We can stay awake through daily faithfulness, praying for strength and trusting in Jesus for provision and protection in alignment with God's Will through the Holy Spirit.

37 And every day he was teaching in the temple, but at night he went out and lodged on the mount called Olivet.

We must have Biblically safe places to retreat and recharge after a hard day of faithfulness to keeping alert.

38 And early in the morning all the people came to him in the temple to hear him.

We continue on each day, worrying not about tomorrow for it has enough trouble of its own.

#### Matthew 6:34

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# BIBLE VERSES RELATED TO KEEPING ALERT

#### Matthew 26:41

**41 Watch and pray** that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak."

#### Mark 14:38

**38 Watch and pray** that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak."

## Mark 13:33-37 No One Knows That Day or Hour of Christ's Return

- 32 "But concerning that day or that hour, no one knows, not even the angels in heaven, nor the Son, but only the Father.
- 33 **Be on guard, keep awake**. For you do not know when the time will come.
- 34 It is like a man going on a journey, when he leaves home and puts his servants in charge, each with his work, and commands the doorkeeper to **stay awake**.
- 35 Therefore **stay awake**—for you do not know when the master of the house will come, in the evening, or at midnight, or when the rooster crows, or in the morning—
- 36 lest he come suddenly and find you asleep.
- 37 And what I say to you I say to all: Stay awake."

#### Luke 21:34-38 Watch Yourselves Jesus Christ Will Return

- 34 "But watch yourselves lest your hearts be weighed down with dissipation and drunkenness and cares of this life, and that day come upon you suddenly like a trap.
- 35 For it will come upon all who dwell on the face of the whole earth.
- 36 But stay awake at all times, praying that you may have strength to escape all these things that are going to take place, and to stand before the Son of Man."
- 37 And every day he was teaching in the temple, but at night he went out and lodged on the mount called Olivet.
- 38 And early in the morning all the people came to him in the temple to hear him.

#### Luke 22:46 Jesus on the Mount of Olives before His Crucifixion

46 and he said to them, "**Why are you sleeping**? Rise and pray that you may not enter into temptation."

#### **Colossians 4:2**

2 Continue steadfastly in prayer, being watchful in it with thanksgiving.

# **OTHER RESOURCES**

## **Sharing the Truth Tips**

When revealing the Biblical truth to someone ask questions and give them the opportunity to wrestle with their relationship with Jesus.

It is the Holy Spirt who gives Christians the proper heart, mind, soul and strength to share the Biblical truth in a way that will hopefully result in salvation and sanctification for the hearer.

**Ask questions**, encourage others to ask questions. Everyone is three good questions away from sharing what is really going on in their heart, mind and soul.

YOUTUBE: John MacArthur - The Armor of God: Praying at All Times (Ephesians 6:18-20)

https://www.youtube.com/watch?v=sPZxnMPuDkw

**YOUTUBE: Alistair Begg – Praying** 

https://www.youtube.com/watch?v=gKBq1jzNqvM